**Agenda of the Committee Meeting of the Mid Sussex triathlon Club**

**The Bent Arms Lindfield, 23-9-13 at 8pm**

**1.** Commitee for Meeting

Clare Creswell- (apologies and resignation from cttee)

Steve Burchall-club kit and sponsorship

Julienne Stuart-Colwill-social secretary

David Ricketts-club secretary

Mark Jordan-President

Rose Ryan-Junior secretary (apologies)

Sharon Chladek-membership secretary (apologies)

Steve MacMenamin-race guy (apologies)

Kay MacMenamin-social secretary (part 2)(apologies)

Rachel Baker-treasurer

Julie Williams (welfare officer)

Rob Hoodless

Steve Alden (apologies)

Pippa Crouch (apologies)

T Moore (apologies)

2. Vote of thanks

A unanimous vote of thanks was given to Claire Cresswell for her long history of work for the club. It is a shame to see Claire leave the committee. Every one wishes her well with her new business venture.

3. Minutes

The minutes of the previous meeting were approved without amendment.

4. Club Coaching

**Remuneration of coaches:** This had been discussed at the last two meetings. Following consultation with coaches about it has been decided that coaches will: (1) not need to pay swim fees and (2) be given two ‘club coach’ t-shirts provided by the club.

**Improving race entry numbers:** The committee felt that the best way to encourage this (over and above the BAR) is for members to publicize their efforts via the newsletter, the chat-room facility on the website and FaceBook. If, however, any members are keen to form a small sub-committee to coordinate this, they are encouraged to speak to Mark Jordan.

**Club training camp**: There are plans for a training camp at Ardingly for early next season. The dates have yet to be set but it will probably be over a weekend (think of GoTri for adults). There was some discussion about a suggestion for a separate overseas training camp. It was decided that like-minded people probably best arrange this rather than being a formal club based event. It was also pointed out that there are many commercial companies now providing these facilities too.

There is a **coaches meeting** this Thursday. David Jones, the head coach will chair that meeting. There are some level 1 and 2 BTF courses now being advertised. David’s approach is also to encourage coaches to be trained in individual disciplines (running, swimming etc). The cub still needs members to volunteer to become coaches and then to go on the various courses.

5. Juniors

The first TriHub is in 2 weeks time. Timetables have been arranged. There are 3 groups of children in the age ranges 8-15, 15 in each group, total 45 participants. The training is in two blocks of 6 weeks, the first starting on 6 October and the next after half term next year. The aim is to feed into the Ardingly race.

The lifeguard is being sorted. Some work still needs to be done on coaches' meetings and the event pack.

To cover these sessions, 4 coaches will needed. This may well affect the provision of coaches for the adults – hence the need to get more people to become coaches.

Some kit is being ordered to be sold to juniors and a repurchase scheme is intended with juniors kit . This is tri suits and hoodies in club colours with Nuffield and Winstons Wish logos. We will need to have some stock and notify children in advance that this kit is available.

5. Swimming

**Ardingly reservoir**: Tuesdays evening sessions have now stopped, as the light is poor in the evenings. Another 3 weeks of Sat swimming is planned- depending on the temperature of the water. A vote of thanks was given to recognise Mrs Williams' efforts in administering the arrangements. We hope next year to offer swimming on Tuesday, Friday and Saturday.

**Long distance open water swim at Ardingly**: it is hoped to have a long distance charity swim in late July or early August (date clashes need to be worked out). Participants can undertake as many laps of a 1Km course as they wish- up to 10KM. Up to 4 hr 30 min will be catered for with feed stations and kayaks. If at all possible, this swim will be on the far side of the reservoir. All money raised will be donated to a local children’s epilepsy charity. While the arrangements have to be sorted, it will be a wetsuit swim, open to members and, as usual with club events, friends, family and local clubs – provided of course that they are competent swimmers (but it is not an event open to all the public).

Grant is now an open water coach and we shall invite him to coach open water sessions once each 4 weeks

**Ardingly pool swimming** has started on Tuesday evenings at 8pm and coaching will catch up in a few weeks. We are still pursuing Hurst for next year’s arrangements.

6. Mid Sussex tri race

Event accreditation (BTF) is likely to be awarded soon. A vote of thanks was given to Steve and Kay Mac, Steve Birchall and Pippa Crouch for their incredible and much appreciated efforts. As in the minutes of the last meeting, we plan to pay for a meal at a restaurant for them as a gesture of appreciation.

7. Club Kit

After considerable discussion, it was decided not adopt the suggestion to incorporate the new (arrow) design in to the new kit. Of course, members can apply this arrow to existing kit by having it printed into the garments. Mark Jordan has the details of a company that will do this.

From a safety perspective, club members are reminded to use rear and front lights and a helmet together with high visibility clothes when cycling- particularly in the winter months. This also goes to show due diligence (and reduce contributory negligence) in the unfortunate event of a crash/collision.

8. Treasurers' report

There are sufficient funds to continue club activities as planned. We have achieved community sports club status with the attendant advantages that it provides.

9. Chairmans' Report

**Club Mark Status** is to be sought during 2014. Quite apart from being a quality standard, the process of achieving it will allow a useful audit of systems and policies. To support the club mark application, committee members will need to provide, when asked, evidence of club processes under their remit. The chairman will start to contact committee members later this year to discuss the various aspects of it.

The chairman is keen to ensure that established members ensure that the club is familial as possible to augment the excellent efforts of the Membership Secretary, the Social Secretary and the Welfare Officer. This applies especially to newer female and younger members, some of whom might feel a little intimidated initially, to help to raise both their confidence and competence. Any suggestions will be gratefully received.

The roles of the various committee members were discussed in this context and particularly given the vacant position of First Lady. There was some discussion as to whether that position is needed. The Chairman is firmly of the view that the responsibilities set out in the role-description of that post are important, albeit that they might, in practice be done by a combination of the efforts of the existing Membership Secretary, Social Secretary and Welfare Officer, together with the individual efforts of other members. The Chairman asked for suggestions as to how we might take the matter forward. He will disuss the issues with various members and seek advice before making proposals for discussion at the AGM.

10. Social Matters

There was discussion about the Xmas party. The Social Secretary sought decisions about venue, the timing of the event and what might be expected in terms of attendance, given the difficulties she experienced last year. It was decided that: (1) the event should be held in early February (2) at a venue to be decided but (3) which will accommodate up to 60 people.

11. AOB

**London marathon place**. David Ricketts to apply for a place (open to for England Athletics registered members only)

**Middle distance races** next year: A number of members have intimated to the Secretary that they will be keen to do a middle race (other than the club race) next year. Mrs Ricketts to provide a list for those who are keen to participate.

**HK triathlon**: on 6 OCT 2013. It is a shame that so few people have responded to the emails from Rob Hoodless and Paul Hedger.

**CTT AGM** Saturday 5th October 2013, at 2.00 p.m. we do not plan to send a representative

12. Next meeting

**AGM: 14-11-13 Bent Arms 7 30 for 8 pm**. David Ricketts to book the room